

Stage 1

D major $\frac{4}{4}$

Rhythmic exercises

The rhythmic exercises are really important. Always practise them carefully before going on. There are different ways of doing these exercises:

- Your teacher (or a metronome) taps the lower line while you clap or tap the upper line.
- You tap the lower line with your foot and clap or tap the upper line with your hands.
- You tap one line with one hand and the other line with the other hand on a table top.
- You tap the lower line and sing the upper line.

Before you begin each exercise count two bars in – one out loud and one silently.

1

2

3

Melodic exercises

Set 1: Exploring the open D string

Hear each exercise in your head before you play it.

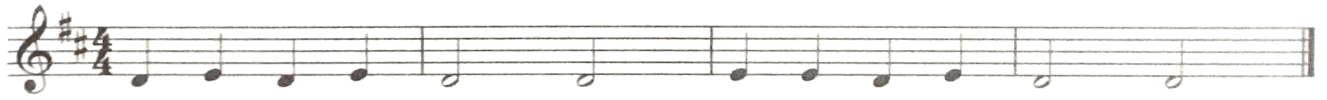
1

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Set 2: Exploring the notes on the D string

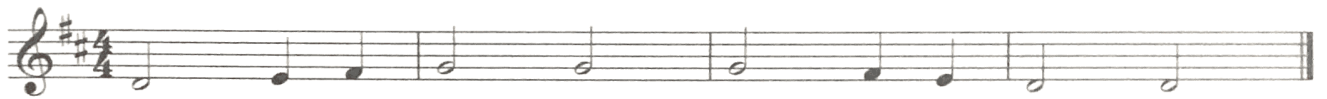
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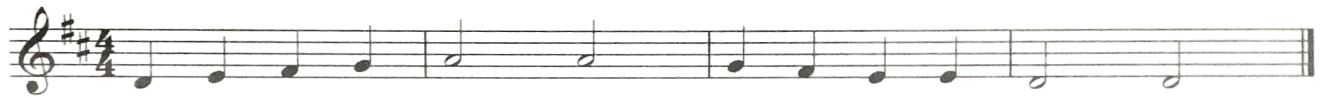


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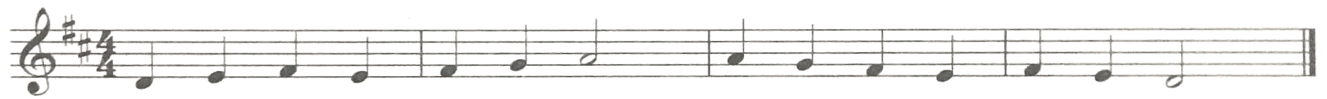


Set 3: Exploring the D string notes plus open A string

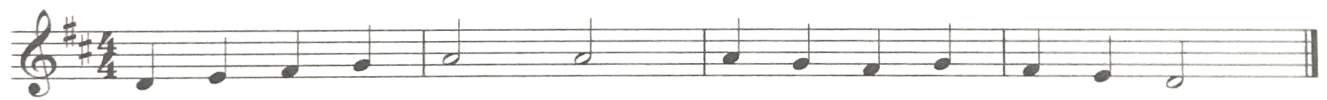
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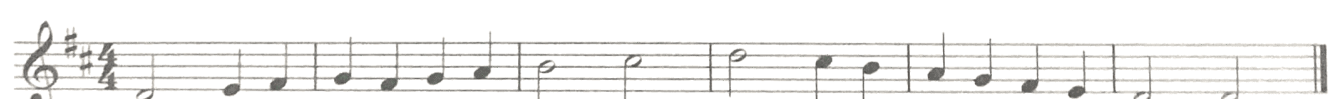


Set 4: Exploring the D major scale

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